

INTERLAND

2014

BRUAY LA BUISSIÈRE (62-France)

**SATURDAY 29th and
SUNDAY 30th OF MARCH 2014**

BULLETIN 3

International Orienteering Meeting
Orienteering races of the French National Ranking



NETHERLANDS

FLANDERS

WALLONIA

NORTH-PAS-DE-CALAIS

ENGLAND

RHINE WESTFALIA

INTERLAND

2014

BRUAY LA BUISSIÈRE (62)

Bulletin 3

Please, find below the latest informations concerning the Interland 2014 orienteering event. Do not hesitate contacting us if you have any questions.

Organizing team.

INTERLAND 2014

BRUAY LA BUISSIÈRE (62)

Race information

Race 1: Saturday, March 29, 2014

Middle distance "Le bois de Verdrel"
(Interland training and stage 1 of the "Prize of Remembrance")
Middle distance championship of Nord-Pas-de-Calais Orienteering league

Organization: VALMO
Race director: Laurence Robyn
Course Setter: Philippe Papin
Controller: Jérôme Czerniack
Arbiter: Nicolas Damis

Map: "Le bois de Verdrel" (November 2013, David Barranger), scale: 1:7500, contours interval - 5m, the map is printed on waterproof and tear-proof paper

Terrain: Terrain with a good runability. Presence of many bomb holes, aggressive low vegetation (brambles). Gaiters are recommended.

Route signing: From road crossing D301 and D57E2

Reception: Place of 1st of Mai, Verdrel, 62150 Fresniscourt le Dolmen.
GPS coordinates: N50.423, E2.611

Bib number is to be obtained not later than 30 min. before starting time. Pins not provided.

Punching system: SportIdent (SI) system will be used. Those who do not have their own SI card can rent it for 2€ (the identity card as deposit will be requested, 40€ will be charged in the case of lost SI card).

Courses:

Course	Categories	Expected winner time	Length (km)	Climb (m)	No. of controls
A or 1 / 1 bis	M20-45	35'	5,6	75	28
B or 2 / 2 bis	W20-45	35'	4,5	45	23
C or 3 / 3 bis	M16-18, M50+	30'	4,4	40	22
D or 4 / 4 bis	W16-18, W50+	30'	3,6	30	20
E or 5	M14, W14	25'	2,7	30	14
F or 6	M10-12, W10-12	25'	2	20	10

First start: First start at 2pm. Start times will be published on the www.lnpcco.fr/interland2014 website.

Distances to go: parking/reception 0-500 m,
reception/start – 100 m,
reception/finish – 200 m

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BRUAY LA BUISSIERE (62)

Start procedure: H-3: first call and SI card control
H-2: getting controls description
H-1: runners at starting line
H-0: start
Race is closed at 6:30pm

Runners have to wear bib number during all races. Non bib – no start.

Entries: All foreign participants and French competitors selected for the Interland race are to be entered via the www.orienteingonline.net website.
French participants in possession of valid FFCO licence, which not participate in the Interland race, have to make their entries via the website of French Orienteering Federation (FFCO).
Other participants have to email their entries to interland2014@valmo.net
Deadline: Sunday, March 23, 2014, midnight. **Attention: no day entries.**

Entry fees: M/W18+ : 5 € M/W17- : 3 €

No cloakroom and showers at the race site.

Showers are available in the Olhain recreational centre (site of night sprint race).

No catering at the race site.

Results: Preliminary results will be displayed close to the reception desk of the night sprint (Olhain recreational centre) and on the web site www.interland2014.valmo.net

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BRUAY LA BUISSIERE (62)

Race 2 : Saturday, March 29, 2014

Night sprint "Forest of Olhain"
(Interland training and stage 2 of the "Prize of Remembrance")

Organization: VALMO
Race director : Aurélie Kirilov
Course setter: Konstantin Smirnov
Controller: Joël Poulain
Arbiter: Stéphane Pruvost

Map: "Park Ohlain" (2005, partially updated in 2014). Scale 1:4000, contours interval - 5m. Map is printed on ordinary paper and put into a plastic bag.
Terrain: Sloped terrain with many paths. Gaiters are strongly recommended because of branches on the ground (recent forest works).

Route signing: From road crossing D301 and D72.
Reception: Sports hall, Parc de Olhain, rue de Rebreuve, 62620 Maisnil les Ruitz .
Cloakroom, showers. GPS coordinates: N50.441, E2.582

Punching system: SportIdent (SI) system will be used. Those who do not have their own SI card can rent it for 2€ (the identity card as deposit will be requested, 40€ will be charged in the case of lost SI card).

Courses:

Course	Categories	Expected winner time	Length (km)	Climb (m)	No. of controls
A or 1 / 1 bis	M18-45	15'	2,8	70	17
B or 2 / 2 bis	W18-45	15'	2,5	70	15
C or 3	M14-16, M50+	15'	2,1	50	16
D or 4	W14-16, W50+	15'	1,7	40	15
E or 5	M10-12, W10-12	15'	1,2	20	8

First start: First start at 7:45pm.
Start times will be published on the www.lnpcco.fr/interland2014 website.
Distances to go: parking/reception 650 m,
reception-/anteen – 100m,
reception/start – 500 m,
reception/finish – 850 m

Start procedure: H-3: first call and SI card control
H-2: getting controls description
H-1: runners at starting line
H-0: start
Race is closed at 10:30pm

Runners have to wear bib number during all races. Non bib – no start.

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BRUAY LA BUISSIERE (62)

Entries:

All foreign participants and French competitors selected for the Interland race are to be entered via the www.orienteeringonline.net website.

French participants in possession of valid FFCO licence, which not participate in the Interland race, have to make their entries via the website of French Orienteering Federation (FFCO).

Other participants have to email their entries to interland2014@valmo.net

Deadline: Sunday, March 23, 2014, midnight. **Attention: no day entries.**

Entry fees: M/W18+ : 5 € M/W17- : 3 €

Cloakroom and showers : in sport shall.

Catering: dinner before the race is possible in the Olhain centre (served from 6pm till 8pm). The dinner has to be reserved in advance (limited number of places).

INTERLAND 2014

BRUAY LA BUISSIERE (62)

Race 3: Sunday, March 30, 2014

Long distance "Bois des Dames"
Interland race and stage 3 of the "Prize of Remembrance "

Organization: VALMO
Race Director : Marie Desrumaux
Course setter: Jérôme Danel
Controller: Jean Esjmont
Arbiter: Jacques Leroy

Map: "Bois des Dames "(2012 Besbot Francis and David Barranger, updated in Nov. 2013). Scale 1:10000, contours interval – 5m. The map is printed on waterproof and tear-proof paper.

Terrain: Boards of slagheaps, hilly terrain with many depressions and bomb holes. Dense low vegetation - gaiters are recommended.

Route signing: From road crossing D70/D341 (Calonne-Ricouart).
Reception: Sports hall, rue Léon Blum, 62122 Labeuvrière. GPS coordinates: N50.515, E2.56

Punching system: SportIdent (SI) system will be used. Those who do not have their own SI card can rent it for 2€ (the identity card as deposit will be requested, 40€ will be charged in the case of lost SI card).

Courses:

Course	Interland categories	FFCO categories	Expected winner time	Length (km)	Climb (m)	No. of controls
A or 1	M21-35	H21-35	60'	10,1	330	29
B ou 2	W21-35	D21-35	55'	7,1	235	19
C ou 3	M20 et M40-45	H18-20 et H40-45	53'	8,9	230	24
D ou 4	W20 et M50-55	D18-20 et H50-55	46'	6,6	195	17
E ou 5	M17 et W40-45	H16 et D40-45	40'	5,2	160	13
F ou 6	M60-65 et W17	H60+ et D16	36'	3,2	70	11
G ou 7	M14 et W50-55	H14 et D50-55	34'	3,9	110	13
H ou 8	W14 et W60+	D14 et D60+	30'	2,8	70	11
I ou 9		D10-12 et H10-12	30'	3	90	10

First start: the Interland race - 9:30am
the "Prize of Remembrance" – 10:50am

Attention: Changing from winter to summer time on Sunday 30 March 2014 at 2:00 pm.

Start times will be published on the www.lnpcco.fr/interland2014 website from 27th of March

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BRUAY LA BUISSIERE (62)

Distances to go: parking/reception – 0-900 m,
reception/start – 700 m,
reception/finish: 300m

Start procedure: H-3: first call and SI card control
H-2: getting controls description
H-1: runners at starting line
H-0: start.
Race is closed at 3:30pm

Runners have to wear bib number during all races. Non bib – no start.

Entries:

All foreign participants and French competitors selected for the Interland race are to be entered via the www.orienteingonline.net website.

French participants in possession of valid FFCO licence, which not participate in the Interland race, have to make their entries via the website of French Orienteering Federation (FFCO).

Other participants have to email their entries to interland2014@valmo.net

Deadline: Sunday, March 23, 2014, midnight. **Attention: no day entries.**

Entry fees: M/W18+ : 10 € M/W17- : 6 €

Cloakroom and showers.
Catering.

Results: on the site www.interland2014.valmo.net

Price giving ceremony: Interland – 12:45pm
Prize of Remembrance – as soon as results are ready.

Specific map symbols:

charbonnière	charcoal kiln
souche	stump
arbre particulier	remarkable tree
houx	holly
mangeoire	manger
petite mare	small pond
fourmiliere	anthill
barriere	barrier

LEGENDE PARTICULIERE

○	charbonnière
×	souche
○	arbre particulier
●	houx
↑	mangeoire
∨	petite mare
×	fourmiliere
I	barrière

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BRUAY LA BUISSIÈRE (62)



Course d'Orientation
Fédération Française

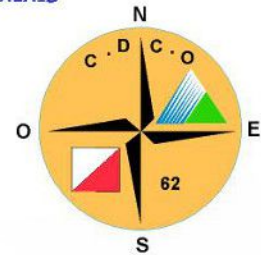


VALMO

COURSE
D'ORIENTATION



LIGUE
NORD
PAS DE CALAIS



Our partners:



Tous les loisirs sont dans la nature!



expérience
SPORT NATURE



AIRSPIRE



RÉGION
Nord-Pas de Calais

