

W14 4400 m 95 m 12 Controls

Name	Nat.	Club	Time	min/km
1. Anna HARRIS	GBR	ENG	0:53:46	12'13"
2. Scarlet HEAP	GBR	ENG	0:54:13	12'19" + 0'27"
3. Rachel DUCKWORTH	GBR	ENG	0:58:03	13'11" + 4'17"
4. Capucine ROLIN	FRA	LHFCO	1:03:21	14'23" + 9'35"
5. Naomi VAN OPSTAL	NED	NOLB	1:24:13	19'08" + 30'27"
6. Zoe CZERNIAK	FRA	LHFCO	1:32:32	21'01" + 38'46"
7. Maija TAILLIEU	BEL	VVO	1:35:55	21'47" + 42'09"
8. Leila SCHIMPF	FRA	LHFCO	1:40:32	22'50" + 46'46"
9. Tille DE SMUL	BEL	VVO	1:40:34	22'51" + 46'48"
10. Sarah ROOMAN	BEL	VVO	1:41:12	23'00" + 47'26"

W17 5600 m 245 m 13 Controls

Name	Nat.	Club	Time	min/km
1. Ems DE SMUL	BEL	VVO	0:55:59	9'59"
2. Laurence DEFRAIGNE	BEL	F.R.S.O.	0:57:54	10'20" + 1'55"
3. Sarah DUCKWORTH	GBR	ENG	0:59:03	10'32" + 3'04"
4. Marine SILLIEN	BEL	F.R.S.O.	1:02:57	11'14" + 6'58"
5. Siel DE SMUL	BEL	VVO	1:06:55	11'56" + 10'56"
6. Laurine HERMAN	BEL	F.R.S.O.	1:09:25	12'23" + 13'26"
7. Julie SMEETS	BEL	VVO	1:10:07	12'31" + 14'08"
8. Rosie SPENCER	GBR	ENG	1:11:50	12'49" + 15'51"
9. Apolline VEROVE	FRA	LHFCO	1:18:57	14'05" + 22'58"
10. Charlotte SOLTISIAK	FRA	LHFCO	1:31:51	16'24" + 35'52"
11. Chloe CRACKNELL	GBR	ENG	1:38:28	17'35" + 42'29"
12. Klara MORET	FRA	LHFCO	1:39:06	17'41" + 43'07"

W20 6300 m 310 m 15 Controls

Name	Nat.	Club	Time	min/km
1. Helen OCKENDEN	GBR	ENG	0:58:26	9'16"
2. Hannah THIELS	BEL	F.R.S.O.	1:04:03	10'10" + 5'37"
3. Sandrine DEFRAIGNE	BEL	F.R.S.O.	1:08:59	10'56" + 10'33"
4. Bethany KIPPIN	GBR	ENG	1:13:40	11'41" + 15'14"
5. Emily BROWN	GBR	ENG	1:15:19	11'57" + 16'53"
6. Clarisse DUCATILLON	FRA	LHFCO	1:16:33	12'09" + 18'07"
7. Margaux GRIOCHE	FRA	LHFCO	1:41:36	16'07" + 43'10"
8. Magalie VERSTREPEN	BEL	VVO	1:52:19	17'49" + 53'53"
Esmee VAN DE MAELE	BEL	VVO		not classified
Lou LENOBLE	FRA	LHFCO		not classified

W21 8000 m 385 m 17 Controls

Name	Nat.	Club	Time	min/km
1. Fiona BUNN	GBR	ENG	1:13:07	9'08"
2. Greet OEYEN	BEL	VVO	1:16:30	9'33" + 3'23"

W21**8000 m****385 m****17 Controls**

Name	Nat.	Club	Time	min/km
3. Severine VANDERMEULEN	BEL	F.R.S.O.	1:16:52	9'36" + 3'45"
4. Michaela KOTECKA	FRA	LHFCO	1:20:50	10'06" + 7'43"
5. Mélanie LEPOUTRE	FRA	LHFCO	1:27:41	10'57" + 14'34"
6. Céline FINAS	FRA	LHFCO	1:29:24	11'10" + 16'17"
7. Vinciane MULPAS	BEL	F.R.S.O.	1:29:31	11'11" + 16'24"
8. Helen GARDNER	GBR	ENG	1:29:59	11'14" + 16'52"
9. Eva VAN BOVEN	NED	NOLB	1:31:06	11'23" + 17'59"
10. Sofie HEUNINCKX	BEL	VVO	1:34:18	11'47" + 21'11"
11. Claudia ROOMAN	BEL	F.R.S.O.	1:40:19	12'32" + 27'12"
12. Lieke VAN OPSTAL	NED	NOLB	2:25:43	18'12" + 72'36"

W40**6000 m****310 m****16 Controls**

Name	Nat.	Club	Time	min/km
1. Marie DESRUMAUX	FRA	LHFCO	1:05:26	10'54"
2. Veerle TULLENEERS	BEL	VVO	1:07:40	11'16" + 2'14"
3. Béatrice DE LONGUEVILLE	BEL	F.R.S.O.	1:10:03	11'40" + 4'37"
4. Emma HARRISON	GBR	ENG	1:11:12	11'51" + 5'46"
5. Mari-Hélène MOULIERE	FRA	LHFCO	1:13:37	12'16" + 8'11"
6. Kristel MERTENS	BEL	VVO	1:16:29	12'44" + 11'03"
7. Ann STRAUBE	GBR	ENG	1:19:43	13'17" + 14'17"
8. Karen CRAWFORD	GBR	ENG	1:21:23	13'33" + 15'57"
9. Laurence DRABS	BEL	F.R.S.O.	1:23:41	13'56" + 18'15"
10. Florence BASTIN	BEL	F.R.S.O.	1:24:56	14'09" + 19'30"
11. Ellen DE BIE	BEL	VVO	1:27:38	14'36" + 22'12"
12. Lina BULOVAITE	NED	NOLB	1:30:28	15'04" + 25'02"
13. Camille MOULIERE	FRA	LHFCO	1:31:22	15'13" + 25'56"
14. Linda WOLS - LUNENBORG	NED	NOLB	2:05:56	20'59" + 60'30"

W50**4500 m****250 m****11 Controls**

Name	Nat.	Club	Time	min/km
1. Jackie HALLETT	GBR	ENG	0:54:28	12'06"
2. Alison HARDING	GBR	ENG	0:56:12	12'29" + 1'44"
3. Liz PHILLIPS	GBR	ENG	0:58:15	12'56" + 3'47"
4. Geneviève NYS	BEL	F.R.S.O.	0:59:43	13'16" + 5'15"
5. Dunja VAN DE RIET	NED	NOLB	1:02:24	13'52" + 7'56"
6. Masja VAN DE VEN	NED	NOLB	1:05:01	14'26" + 10'33"
7. Myriam CORDEIRO-MENDES	FRA	LHFCO	1:07:13	14'56" + 12'45"
8. Bénédicte DELITTE	BEL	F.R.S.O.	1:07:19	14'57" + 12'51"
9. Marijs VANDEWEYER	BEL	VVO	1:08:35	15'14" + 14'07"
10. Lina JASULAITYTE	LTU	NOLB	1:13:34	16'20" + 19'06"
11. Odile LEROY	FRA	LHFCO	1:16:51	17'04" + 22'23"
12. Martine TAFFEIREN	BEL	F.R.S.O.	1:19:09	17'35" + 24'41"
13. Sylvie PECQUEUR	FRA	LHFCO	1:32:26	20'32" + 37'58"
Katleen VAN DE MOORTEL	BEL	VVO		not classified

W60**4400 m****95 m****12 Controls**

Name	Nat.	Club	Time	min/km
1. Jane ANTHONY	GBR	ENG	0:48:57	11'07"
2. Monique DEFFENSE	BEL	F.R.S.O.	1:01:51	14'03" + 12'54"
3. Isabelle BOULANGER	FRA	LHFCO	1:06:16	15'03" + 17'19"

W60

4400 m

95 m

12 Controls

Name	Nat.	Club	Time	min/km
4. Alison SIMMONS	GBR	ENG	1:07:52	15'25" + 18'55"
5. Annick GRENOUILLAT	FRA	LHFCO	1:08:48	15'38" + 19'51"
6. Katy DYER	GBR	ENG	1:10:29	16'01" + 21'32"
7. Bernadette VANDERMEULEN	BEL	F.R.S.O.	1:10:52	16'06" + 21'55"
8. Monica ROELING	NED	NOLB	1:11:18	16'12" + 22'21"
9. Liset HENDRICKX	BEL	VVO	1:12:46	16'32" + 23'49"
10. Lieve GEENS	BEL	VVO	1:20:14	18'14" + 31'17"
11. Christa ZWIKKER	NED	NOLB	1:21:04	18'25" + 32'07"
12. Nicole RICHARD	FRA	LHFCO	1:33:04	21'09" + 44'07"
Simonne SILVI	BEL	VVO		not classified
Viera FIALOVA	SVK	F.R.S.O.		not classified

M14

4500 m

250 m

11 Controls

Name	Nat.	Club	Time	min/km
1. Adam CONWAY	GBR	ENG	0:40:24	8'58"
2. Antoine MATTART	BEL	F.R.S.O.	0:42:25	9'25" + 2'01"
3. Jim BAILEY	GBR	ENG	0:44:47	9'57" + 4'23"
4. Richard WOLS	NED	NOLB	0:44:49	9'57" + 4'25"
5. Oliver TONGE	GBR	ENG	0:45:58	10'12" + 5'34"
6. Lasse TAILLIEU	BEL	VVO	0:53:16	11'50" + 12'52"
7. Fabien BELLANGER	FRA	LHFCO	0:53:35	11'54" + 13'11"
8. Jonas JANSEN	BEL	VVO	0:56:58	12'39" + 16'34"
9. Matisse MALARD	FRA	LHFCO	1:02:43	13'56" + 22'19"
10. Guilhem VEROVE	FRA	LHFCO	1:03:25	14'05" + 23'01"
11. Robbe VOORHOF	BEL	VVO	1:03:42	14'09" + 23'18"
12. Gaël AMERIJCKX	BEL	F.R.S.O.	1:13:06	16'14" + 32'42"
13. Geert VAN DER HULST	NED	NOLB	1:37:11	21'35" + 56'47"
14. Jonas WILLEMSSENS	BEL	F.R.S.O.	1:54:46	25'30" + 74'22"

M17

6000 m

310 m

16 Controls

Name	Nat.	Club	Time	min/km
1. David BUNN	GBR	ENG	0:50:06	8'20"
2. Cédric AMERIJCKX	BEL	F.R.S.O.	0:55:25	9'14" + 5'19"
3. Aurélien VAN AERSCHOT	BEL	F.R.S.O.	0:57:17	9'32" + 7'11"
4. Stanley HEAP	GBR	ENG	0:57:36	9'35" + 7'30"
5. Piet DEFERME	BEL	VVO	0:58:49	9'48" + 8'43"
6. Finlay JOHNSON	GBR	ENG	1:02:17	10'22" + 12'11"
7. Clément GUILLEMAIN	FRA	LHFCO	1:03:16	10'32" + 13'10"
8. Cyril DUBOIS	FRA	LHFCO	1:04:46	10'47" + 14'40"
9. Guillaume EYEN	BEL	F.R.S.O.	1:08:59	11'29" + 18'53"
10. Liam THIELS	BEL	VVO	1:10:22	11'43" + 20'16"
11. Thibaut SMEETS	BEL	VVO	1:22:34	13'45" + 32'28"
Thomas RADONDY	FRA	LHFCO		not classified

M20

9500 m

470 m

18 Controls

Name	Nat.	Club	Time	min/km
1. Theo RADONDY	FRA	LHFCO	1:03:19	6'39"
2. Alastair THOMAS	GBR	ENG	1:07:22	7'05" + 4'03"
3. Louis HALZ	FRA	LHFCO	1:13:52	7'46" + 10'33"
4. Nathan LAWSON	GBR	ENG	1:14:04	7'47" + 10'45"

M20

9500 m

470 m

18 Controls

Name	Nat.	Club	Time	min/km
5. Mathias BLAISE	BEL	F.R.S.O.	1:14:36	7'51" + 11'17"
6. Wout KEUPPENS	BEL	VVO	1:19:57	8'24" + 16'38"
7. Klaas MELLEBEEK	BEL	VVO	1:21:22	8'33" + 18'03"
8. Jérémy BREDO	BEL	F.R.S.O.	1:22:09	8'38" + 18'50"
9. Luc WATRELOT	FRA	LHFCO	1:26:29	9'06" + 23'10"
10. Simon KREKELS	BEL	VVO	1:31:26	9'37" + 28'07"
11. Liévin CREFCOEUR	BEL	F.R.S.O.	1:33:24	9'49" + 30'05"
12. Tim HARRISON	GBR	ENG	1:48:22	11'24" + 45'03"

M21

11700 m

570 m

25 Controls

Name	Nat.	Club	Time	min/km
1. Peter BRAY	GBR	ENG	1:16:51	6'34"
2. Benjamin LEPOUTRE	FRA	LHFCO	1:21:57	7'00" + 5'06"
3. Tristan BLOEMEN	BEL	F.R.S.O.	1:23:05	7'06" + 6'14"
4. François VAN DER OUDERAA	BEL	F.R.S.O.	1:24:55	7'15" + 8'04"
5. Jack WOOD	GBR	ENG	1:26:10	7'21" + 9'19"
6. Thomas FELLBAUM	GBR	ENG	1:27:59	7'31" + 11'08"
7. Joost TALLOEN	BEL	VVO	1:29:29	7'38" + 12'38"
8. Tom DRYGALSKI	BEL	F.R.S.O.	1:37:14	8'18" + 20'23"
9. Thomas VAN DER KLEIJ	BEL	VVO	1:37:43	8'21" + 20'52"
10. Jeroen HOECKX	BEL	VVO	1:37:45	8'21" + 20'54"
11. Mickael MENI	FRA	LHFCO	2:16:52	11'41" + 60'01"
Werner HALTER	NED	NOLB		not classified
Yannick POULAIN	FRA	LHFCO		not classified

M40

9500 m

470 m

18 Controls

Name	Nat.	Club	Time	min/km
1. Christophe BERNARD	BEL	F.R.S.O.	1:11:06	7'29"
2. Ondrej KOTECKY	FRA	LHFCO	1:11:47	7'33" + 0'41"
3. Nick BARRABLE	GBR	ENG	1:15:03	7'54" + 3'57"
4. Jérôme BAUDSON	FRA	LHFCO	1:17:26	8'09" + 6'20"
5. Filiep DEBAERE	BEL	VVO	1:19:25	8'21" + 8'19"
6. Geoff ELLIS	GBR	ENG	1:20:38	8'29" + 9'32"
7. Nicolas SILLIEN	BEL	F.R.S.O.	1:23:16	8'45" + 12'10"
8. Simon HUNTER	GBR	ENG	1:26:24	9'05" + 15'18"
9. Tomy JANSSENS	BEL	VVO	1:27:24	9'11" + 16'18"
10. Jérôme DANIEL	FRA	LHFCO	1:28:37	9'19" + 17'31"
11. Olivier DE SMUL	BEL	VVO	1:28:40	9'19" + 17'34"
12. Clemens ROOS	NED	NOLB	1:31:14	9'36" + 20'08"
13. Eric MATTART	BEL	F.R.S.O.	1:32:05	9'41" + 20'59"
14. Ralph KURT	GER	NOLB	1:33:16	9'49" + 22'10"
15. Roland VAN LOON	NED	NOLB	1:51:47	11'45" + 40'41"

M50

6300 m

310 m

15 Controls

Name	Nat.	Club	Time	min/km
1. Clive HALLET	GBR	ENG	0:50:43	8'03"
2. Wiet LAENEN	BEL	VVO	0:53:27	8'29" + 2'44"
3. Robert CAMPBELL	GBR	ENG	0:55:15	8'46" + 4'32"
4. Robert THEISS	BEL	F.R.S.O.	0:55:45	8'50" + 5'02"
5. Luc MELIS	BEL	VVO	1:00:07	9'32" + 9'24"

M50

6300 m

310 m

15 Controls

Name	Nat.	Club	Time	min/km
6. Jean-Manuel VERPOORTEN	BEL	F.R.S.O.	1:00:29	9'36" + 9'46"
7. Joel POULAIN	FRA	LHFCO	1:03:03	10'00" + 12'20"
8. Chris HOOKER	GBR	ENG	1:03:36	10'05" + 12'53"
9. Pascal LEGERE	FRA	LHFCO	1:04:27	10'13" + 13'44"
10. Guido TIMMERS	BEL	VVO	1:07:16	10'40" + 16'33"
11. Gerrit VAN DE RIET	NED	NOLB	1:13:59	11'44" + 23'16"
12. Philippe CREFCOEUR	BEL	LHFCO	1:14:10	11'46" + 23'27"
13. Luc CLOOSTERMANS	BEL	F.R.S.O.	1:16:10	12'05" + 25'27"
14. Steven JOCHEMS	NED	NOLB	1:22:00	13'00" + 31'17"
15. Adriaan BAAS	NED	NOLB	1:33:27	14'49" + 42'44"

M60

5600 m

245 m

13 Controls

Name	Nat.	Club	Time	min/km
1. James CRAWFORD	GBR	ENG	0:52:00	9'17"
2. Freddy SILLIEN	BEL	F.R.S.O.	0:52:25	9'21" + 0'25"
3. Andy HEMSTED	GBR	ENG	0:53:20	9'31" + 1'20"
4. Steve WHITEHEAD	GBR	ENG	0:56:38	10'06" + 4'38"
5. Adrie VAN OPSTAL	NED	NOLB	0:57:04	10'11" + 5'04"
6. Servais HICK	BEL	F.R.S.O.	1:01:30	10'58" + 9'30"
7. Andre AERTS	BEL	VVO	1:02:14	11'06" + 10'14"
8. Klaus HELD	BEL	F.R.S.O.	1:05:41	11'43" + 13'41"
9. Jackie VANDIJCK	BEL	VVO	1:13:34	13'08" + 21'34"
10. Bertrand PATURET	FRA	LHFCO	1:20:47	14'25" + 28'47"
11. Luc BOUVE	BEL	VVO	1:22:57	14'48" + 30'57"
12. Mike IN 'T GROEN	NED	NOLB	1:22:58	14'48" + 30'58"
13. Jean-Paul HUMBERTCLAUDE	FRA	LHFCO	1:23:08	14'50" + 31'08"
14. Jacques LEROY	FRA	LHFCO	1:32:52	16'35" + 40'52"
15. Klaas DE JONG	NED	NOLB	1:32:56	16'35" + 40'56"

Participation

LHFCO	42	ENG	41
VVO	39	F.R.S.O.	38
NOLB	22		
Total	182		